SUPPLEMENTARY MATERIALS

Questionnaire for patients with sleep and mood disorders

| Name | Age | |
|--|------------------------------|--|
| | | |
| Sex | Home address | |
| | | |
| Date of COVID-19 infection | Recovered or not | |
| | | |
| Insomnia or not (difficulty falling asleep, increased awakenings, early awakenings, multiple dreams, nightmares, etc.) | Time to start insomnia | |
| Bad mood or not (irritable, depressed, etc.) | Time to be in a bad mood | |
| Date of hospital visiting | Date of sleep monitoring | |
| | Date of the scale assessment | |