

**Supplementary Table 1.** Item loadings for the three-factor solution of the Seoul-Activities of Daily Living

Item number	Items	Factor loading		
		1	2	3
11	Left alone	0.946	-0.210	-0.137
8	Dressing	0.861	-0.064	-0.098
5	Feeding	0.753	-0.061	0.017
3	Personal hygiene	0.722	0.043	0.147
12	Putting on shoes	0.621	0.202	0.040
10	Bathing	0.606	0.292	0.008
4	Using the toilet	0.560	0.098	0.287
7	Walking indoors	-0.148	0.993	-0.044
6	Transfer from floor to chair	-0.075	0.921	0.085
9	Ascend and descend stairs	0.112	0.892	-0.118
2	Controlling bladder	-0.042	-0.104	0.986
1	Controlling bowels	-0.030	0.031	0.947
	Eigenvalue	5.919	1.603	1.102
	Variance (%)	49.322	13.357	9.183

N: 110, factor 1: self-care/hygiene, factor 2: ambulation, factor 3: toileting