

Supplementary Table 1. Detailed information about all questionnaires

Self-constructed questionnaires

Age	-
Sex	Female or Male
Ethnicity	Minority or Han-people
Exposure severity	Did your immediate family members injure in the earthquake? Did your immediate family members die in the earthquake? Was your house damaged in the disaster? Was there no one accompany with you after the earthquake? Did the earthquake cause severe property damage to your family? Did you sleep in a tent rather than your own home last night?
Sleep	Difficulty falling asleep Difficulty staying asleep Early waking

Non self-constructed questionnaires

Patient Health Questionnaire-9 (PHQ-9)	Little interest or pleasure in doing things? Feeling down, depressed, or hopeless? Trouble falling or staying asleep, or sleeping too much? Feeling tired of having little energy? Poor appetite or overeating? Feeling bad about yourself -- or that you are a failure or having let yourself or your family down? Trouble concentrating on things, such as reading the newspaper or watching television? Moving or speaking so slowly that other people could have noticed. Or the opposite being so fidgety or restless that you have been moving a lot more than usual? Thoughts that you would be better off dead, or of hurting yourself in some way?
Child and Youth Resilience Measure (CYRM-12)	I have people I look up to Getting an education is important to me My parent(s)/caregivers(s) know a lot about me I try to finish what I start I solve problems without harming myself or others I know where to go in my community to get help I feel I belong(ed) to at my school My family will stand by me during difficult times My friends stand by me during difficult times I am treated fairly in my community I have opportunities to develop skills that will be useful later in life I enjoy my cultural and family traditions
