Supplementary Table 1. Correlation coefficient of each variable

				COPE													
	SRS	SCS	AAQ	Self-distraction	Active coping	Denial	Substance use	Use of emotional support	Use of instrumental support	Behavioral disengagement	Venting	Positive reframing	Planning	Humor	Acceptance	Religion	Self-blame
ABS-H	-0.54***	0.60***	-0.52***	0.09	0.43***	-0.15*	-0.07	0.40***	0.44***	-0.42***	0.09	0.37***	0.41***	0.24***	0.29***	-0.11	-0.20**
SRS		-0.55***	0.63***	0.20**	-0.21**	0.34***	0.33***	-0.01	-0.08	0.51***	0.20**	-0.09	-0.18**	-0.01	-0.16*	0.29***	0.41***
SCS			-0.66***	0.02	0.44***	-0.12	-0.17*	0.32***	0.30***	-0.43***	0.08	0.48***	0.42***	0.29***	0.34***	0.00	-0.48***
AAQ				0.22**	-0.12	0.21**	0.30***	-0.11	-0.12	0.49***	0.10	-0.13	-0.12	-0.07	-0.07	0.22**	0.55***
COPE																	
Self-distraction					0.47***	0.29***	0.25***	0.31***	0.28***	0.36***	0.44***	0.42***	0.36***	0.30***	0.33***	0.21**	0.27***
Active coping						0.03	0.06	0.46***	0.49***	-0.10	0.34***	0.58***	0.69***	0.31***	0.54***	0.13	0.03
Denial							0.32***	0.21**	0.13	0.43***	0.27***	0.09	0.02	0.24***	-0.11	0.38***	0.16*
Substance use								0.34***	0.19**	0.43***	0.22**	0.18**	0.06	0.17*	0.04	0.35***	0.23**
Use of emotional support									0.80***	0.05	0.46***	0.46***	0.39***	0.40***	0.36***	0.23**	0.09
Use of instrumental support										-0.04	0.43***	0.53***	0.48***	0.40***	0.35***	0.18**	0.09
Behavioral disengagement											0.22**	0.03	-0.05	0.18*	0.10	0.20**	0.40***
Venting												0.38***	0.29***	0.31***	0.26***	0.28***	0.10
Positive reframing													0.67***	0.46***	0.53***	0.23**	-0.01
Planning														0.33***	0.64***	0.12	0.02
Humor															0.28***	0.32***	0.03
Acceptance																-0.01	0.06
Religion																	0.15*

*p<0.05, **p<0.01, ***p<0.001. ABS-H: Adaptive Behaviors Scale for Hikikomori, SRS: Stress Response Scale-18, SCS: Self-Compassion Scale Short Form, AAQ: Acceptance and Action Questionnaire-II, COPE: Brief Coping Orientation to Problems Experienced inventory