

SUPPLEMENTARY MATERIAL

医护人员因病毒疫情而产生的压力以及焦虑反应的测量表

Stress and Anxiety to Viral Epidemics - 9 items (SAVE-9) for Healthcare workers

	从来不会 Never	很少 Rarely	有时候 Sometimes	经常 Often	总是会 Always
Questions	0	1	2	3	4
1. 您害怕疫情会一直持续下去吗？ Are you afraid the virus outbreak will continue indefinitely?					
2. 您担心您的健康状况会因为病毒而变差吗？ Are you afraid your health will worsen because of the virus?					
3. 您担心自己被病毒感染吗？ Are you worried that you might get infected?					
4. 与平时相比，您会对轻微的身体改变更敏感吗？ Are you more sensitive towards minor physical symptoms than usual?					
5. 您是否担心即使感染病毒的风险已经降低，但周围的人仍会避开您？ Are you worried that others might avoid you even after the infection risk has been minimized?					
6. 经历疫情后，您对自己的职业产生怀疑吗？ Do you feel skeptical about your job after going through this experience?					
7. 经历疫情后，您会避免为疑似感染患者进行诊疗吗？ After this experience, do you think you will avoid treating patients with viral illnesses?					
8. 您担心您的家人或朋友会因为您而被感染吗？ Do you worry your family or friends may become infected because of you?					
9. 您觉得您的同事会因为您被隔离使工作量变多并责怪您吗？ Do you think that your colleagues would have more work to do due to your absence from a possible quarantine and might blame you?					

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