

Supplementary Table 4. Demographic differences between the SAVE-6 and GAD-7

Variable	SAVE-6			GAD-7		
	Mean±SD	F-test or T-test	p	Mean±SD	F-test or T-test	p
Sex		-0.149	0.882		1.901	0.059
Male	1.816±1.236			0.628±0.686		
Female	1.840±1.140			0.460±0.656		
Age		0.908	0.460		0.161	0.958
18–25 yr	2.241±0.997			0.556±0.655		
26–35 yr	1.701±1.106			0.568±0.720		
36–45 yr	1.841±1.187			0.577±0.704		
46–55 yr	1.799±1.316			0.484±0.595		
>56 yr	2.167±1.672			0.531±0.570		
Marital status		0.815	0.444		0.033	0.967
Single	2.048±1.148			0.567±0.612		
Married	1.781±1.204			0.550±0.688		
Divorced or widowed	2.033±0.946			0.486±0.780		
Educational level		1.769	0.154		0.790	0.501
Primary school or below	2.667±1.530			0.829±0.767		
Middle school	1.806±1.215			0.586±0.661		
High school	1.801±1.212			0.544±0.688		
University or above	1.761±1.074			0.494±0.665		
Job duties		9.033	<0.001		8.957	<0.001
Sellers	1.653±1.160			0.451±0.614		
Sterilization testers	2.982±0.860			1.048±0.769		
Stevedores	2.754±1.068			1.143±0.753		
Managers	1.752±1.120			0.514±0.660		
Time engaged in work		2.050	0.131		0.571	0.566
<5 yr	1.980±1.178			0.622±0.691		
5–10 yr	2.136±1.146			0.502±0.638		
>10 yr	1.682±1.153			0.542±0.727		
Daily working hours		0.896	0.410		0.204	0.815
<7 hr	1.603±0.896			0.473±0.676		
7–9 hr	1.997±1.197			0.570±0.684		
>9 hr	1.824±1.139			0.614±0.718		
Sleep duration per night		2.961	0.054		6.843	0.001
<7 hr	2.263±1.179			0.883±0.836		
7–8 hr	1.890±1.128			0.504±0.625		
>8 hr	1.576±1.295			0.344±0.513		
Living with family		-0.615	0.539		-0.465	0.642
Yes	1.919±1.174			0.628±0.686		
No	2.066±1.159			0.460±0.656		
Perceived risk of infection at work		33.166	<0.001		14.333	<0.001
Low risk	1.446±1.038			0.370±0.546		
Medium risk	2.457±0.923			0.767±0.729		
High risk	2.944±1.143			1.024±0.831		
Perceived probability of virus transmission via cold chain		4.080	0.018		3.235	0.041
Possible	2.110±1.202			0.672±0.754		
Uncertain	1.818±0.994			0.467±0.540		
Unlikely	1.394±1.303			0.344±0.618		
Exposure to frozen products infected with COVID-19	2.910±1.050	4.780	<0.001	1.203±0.734	5.368	<0.001
Experience of quarantine	2.860±1.051	5.054	<0.001	0.628±0.686	3.420	0.001

SAVE-6, Stress and Anxiety to Viral Epidemics-6 items; GAD-7, Generalized Anxiety Disorders-7 items; SD, standard deviation; COVID-19, coronavirus disease 2019