

Supplementary Table 1. Perceived stress and the odd of major depression

Perceived stress	No. of cases/ total participants	Model 1*	Model 2†	Model 3‡
		OR (95% CIs)	OR (95% CIs)	OR (95% CIs)
Low (tertile 1, <11)	29/318	1 (ref.)	1 (ref.)	1 (ref.)
Medium (tertile 2, 11 to 16)	27/313	0.94 (0.54 to 1.63)	0.95 (0.54 to 1.64)	1.24 (0.68 to 2.42)
High (tertile 3, >17)	79/267	4.19 (2.63 to 6.66)	4.52 (2.83 to 7.23)	3.10 (1.82 to 5.29)
p for trend		<0.001	<0.001	<0.001
Per 1-SD increment	135/898	2.67 (2.12 to 3.35)	2.75 (2.17 to 3.47)	2.08 (1.61 to 2.68)

*model 1: unadjusted; †model 2: adjusted for age and sex; ‡model 3: adjusted for age, sex, body mass index, education level, regular physical activity (yes vs. no), smoking (yes vs. no), contract employee (yes vs. no), daily working hours (>8 hr vs. ≤8 hr), compassion fatigue, and resilience. OR, odds ratio; CIs, confidence intervals; SD, standard deviation