

Supplementary Table 1. Item-total correlation of the Impact of Event Scale-Revised

Score item	Pearson correlation
1. Any reminder brought back feelings about it	0.863*
2. I had trouble staying asleep	0.851*
3. Other things kept making me think about it	0.888*
4. I felt irritable and angry	0.858*
5. I avoided letting myself get upset when I thought about it or was reminded of it	0.912*
6. I thought about it when I didn't mean to	0.913*
7. I felt as if it hadn't happened or wasn't real	0.765*
8. I stayed away from reminders about it	0.866*
9. Pictures about it popped into my mind	0.888*
10. I was jumpy and easily startled	0.864*
11. I tried not to think about it	0.899*
12. I was aware that I still had a lot of feelings about it, but I didn't deal with them	0.708*
13. My feelings about it were kind of numb	0.638*
14. I found myself acting or feeling as though I was back at that time	0.770*
15. I had trouble falling asleep	0.884*
16. I had waves of strong feelings about it	0.918*
17. I tried to remove it from my memory	0.838*
18. I had trouble concentrating	0.871*
19. Reminders of it caused me to have physical reactions, such as sweating, trouble breathing, nausea, or a pounding heart	0.825*
20. I had dreams about it	0.809*
21. I felt watchful or on-guard	0.824*
22. I tried not to talk about it	0.824*

*p<0.001