



**Supplementary Figure 1.** Node strength centralities of depression and anxiety symptoms in Asian patients with depressive disorders. (A) older (>65 years), (B) middle-aged (35–64 years), and (C) young adult (18–34 years). PHQ-9, Patient Health Questionnaire-9; GAD-7, Generalized Anxiety Disorder-7; APE, poor appetite or overeating (PHQ-9); ANX, feeling nervous, anxious, or on edge (GAD-7); AWF, feeling afraid, as if something awful might happen (GAD-7); CNC, trouble concentrating on things, such as reading the newspaper or watching television (PHQ-9); DFF, worrying too much about different things (GAD-7); DEP, feeling down, depressed, or hopeless (PHQ-9); ENG, feeling tired or having little energy (PHQ-9); HUR, thoughts that you would be better off dead or of hurting yourself in some way (PHQ-9); INS, trouble falling or staying asleep, or sleeping too much (PHQ-9); IRR, becoming easily annoyed or irritable (GAD-7); PLE, little interest or pleasure in doing things (PHQ-9); RLX, trouble relaxing (GAD-7); RTL, being so restless that it is hard to sit still (GAD-7); SEL, feeling bad about yourself, or feeling that you are a failure or have let yourself or your family down (PHQ-9); SLW, moving or speaking so slowly that others could have noticed, or the opposite—being so fidgety or restless that you have been moving around much more than usual (PHQ-9); WOR, not being able to stop or control worrying (GAD-7).