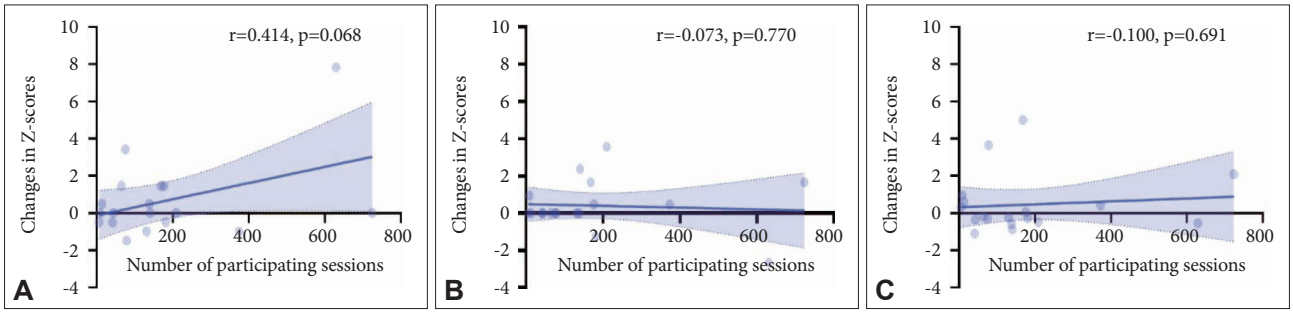

Supplementary Figure 2. Correlations between the number of participating sessions and cognitive changes. (A) Although a positive correlation was observed between the number of participating sessions and changes in the spatial working memory Z-scores, the difference did not reach statistical significance (r=0.414, p=0.068). There were no statistically significant correlations between the number of participating sessions and (B) changes in paired associates learning (r=-0.073, p=0.770) or (C) changes in reaction time (r=0.100, p=0.691).